

Emergency First Response Courses

Primary Care (CPR)

Course Content

Emergency First Response Primary Care (CPR) teaches participants how to respond to life-threatening emergencies. The course focuses on primary care through a combination of knowledge development, skill development and realistic scenario practice to make sure participants have the confidence in their ability to provide care when emergency situations arise. Primary Care (CPR) skills taught in this course:

- Scene Safety Assessment
- Universal Precautions - Communicable Disease Protection, including barrier use
- Primary Assessment
- Rescue Breathing
- Cardiopulmonary Resuscitation (CPR)
- Conscious and Unconscious Obstructed Airway Management
- Serious Bleeding Management
- Shock Management
- Spinal Injury Management
- Recommended Skills
 - o Automated External Defibrillator (AED) training
 - o Emergency Oxygen Use Orientation.



Secondary Care (First Aid)

Course Content

Emergency First Response Secondary Care (first aid) covers injuries or illnesses that are not immediately life threatening. Participants focus on secondary assessment and first aid through knowledge development, skill development and realistic scenario practice.

Secondary Skills taught in this course:

- Injury Assessment
- Illness Assessment
- Bandaging
- Splinting for Dislocations and Fractures

The manual also includes Reference Section on the following topics:

Allergic Reactions, Bruises, Burns, Chemical Burns, CPR (adult, child, infant) Choking (adult and infant), Cone Shell

Stings, Coral, Jellyfish and Hydroid Stings, Cuts, Dental Injuries, Diabetic Problems Dislocations and Fractures, Electrical Injuries, Eye Injuries, First Aid Kit Assembly, Fish Spine Injury,

Frostbite, Heat Exhaustion, Heatstroke, Heart Attack, Hypothermia, Illness Assessment, Injury Assessment, Insect Stings, Octopus Bites.

Poisoning, Rescue Breathing (adult, child, infant) Scrapes, Seizures, Snake Bites, Spider Bites, Sprains and Strains, Stroke, Temperature Related Injuries, Venomous Bites and Stings, and Illness Assessment Record Sheet.



Care for Children Course

The Emergency First Response Care for Children course is an innovative CPR, AED and First Aid training course that teaches participants how to provide emergency care for injured or ill children (ages one to eight) and infants less than one year old. Participants learn about the types of medical emergencies that children face, and how they differ from adult conditions.

The curriculum also includes the importance of attending to basic emergency situations with children, the emotional aspects of caring for children, secondary care for children, and preventing common injuries and illnesses in children.

Emergency First Response Care for Children course trains the lay rescuer to follow the same priorities of care used by medical professionals.

Please feel free to contact us for any further information on:

07920 556 116



The student masters the priorities and the procedures of patient care for infants and children in a non-stressful learning environment, which reduces the performance anxieties that interfere with learning and enhances confidence when rendering aid in a real medical emergency.

The course includes both primary care (CPR) and secondary care (first aid) skills. The primary care portion of the course prepares the rescuer to render aid to an infant or child with a life-threatening emergency such as choking or cardiac arrest.

Secondary care focuses on developing patient care skills and building the rescuer's confidence to render first aid to an infant or child in need when emergency medical services are either delayed or unavailable.

The Care for Children course content is based on guidelines from the Paediatric Working Group of ILCOR.

Primary CFC Course Content

Scene Safety Assessment
 Universal Precautions-Communicable Disease Protection & Barrier Use
 Primary Assessment
 Obstructed Airway Management (child and infant)
 Rescue Breathing (child and infant)
 Cardiopulmonary Resuscitation (child and infant)
 Automated External Defibrillator (AED) use
 Serious Bleeding Shock Management
 Spinal Injury Management.

Secondary CFC Course Content

Injury Assessment / Bandaging
 Illness Assessment.

About Us

DM Scuba Emergency First Response which started out five years ago. We found that there was a need for good quality, cost effective First Aid training in the area. We provide First Aid training to all levels right up to instructor; invariably, this training is of the very highest standard, ensuring that your training experience will not only be safe and educational, but **fun as well!**

About EFR

Emergency First Response is the fastest-growing international CPR, AED and first aid training organization. With more than 31,000 instructors worldwide, Emergency First Response is backed by 36 years of experience in the development and delivery of instructional courses, training materials and educational curricula. Emergency First Response courses have gained widespread international acceptance.

For course dates, prices and information on how we can tailor the course for you please contact us on the number below or email: - Instructor@hotmail.co.uk

**DM First Aid
 Bristol and Swindon**

07920 556 116

www.dm-scuba.co.uk



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